



**Carl Petersen BPE, BSc (PT)**  
**Featured Festival Speaker**  
**2005 Victoria Open & Tennis Festival**

Carl Petersen PT. is a Partner and Director of High Performance Training at City Sports & Physiotherapy Clinics in Vancouver.

Petersen's physiotherapy and fitness coaching roles have given him the opportunity to work with, coach and help design training programs for gold medallists in Olympic, World Championship and World Cup competitions. He travels regularly as a fitness trainer and physiotherapist with the Canadian Alpine Ski Team and select players on the WTA tennis tour.

In addition, Petersen lectures regularly at both national and international conferences on physical training, injury prevention and recovery. He has published articles on these subjects in a variety of publications for both the scientific and lay community. He has also co-authored *Fit to Play-Tennis* ([www.fittoplay.com](http://www.fittoplay.com)) and *Fit to Ski* ([www.citysportsphysio.com](http://www.citysportsphysio.com)) which have received wide acclaim in the international tennis and ski communities.

As a featured speaker at the Victoria Tennis Festival, Petersen will talk from 5-6 PM on Friday, May 6 at Henderson Recreation Centre on the topic "Don't Play to Get into Shape, Get into Shape to Play."

For more information, contact Ludo Bertsch (250) 592-1488

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